



A Child's Developmental Milestones

0-6 months

Cognitive Milestones	Language Milestones	Social/Emotional Milestones	Physical Milestones	Recommended Activities
<ul style="list-style-type: none"> • Listens attentively to sounds and voices (by 1 month) • Cries deliberately for assistance (by 1 month) • Coordinates eye movements (by 2 months) • Discovers hands and feet as extension of self (by 3 months) • Likes to repeat enjoyable acts (by 4 months) • Recognizes and responds to name (by 5 months) • Studies objects intently (by 6 months) 	<ul style="list-style-type: none"> • Makes some sounds other than crying (by 2 months) • Begins cooing one syllable (by 3 months) • Makes first consonant sounds (by 4 months) • Babbles spontaneously • Acquires sounds of native language (by 6 months) 	<ul style="list-style-type: none"> • Reacts to discomfort and pain • Recognizes parent's voice • Makes eye contact • Shows affection by looking, waving, kicking and smiling • Shows feelings of security when held or talked to • Expresses delight • May form attachment to one special object • Laughs when tickled • Builds trust when cries are answered • May begin to cling to primary caregiver 	<ul style="list-style-type: none"> • Usually responds to objects or faces as they move • Plays with fingers, hands and toes • Holds and manipulates objects; sucks on everything! • Reacts to sound of voices, rattle or bell • Vocalizes to him/herself, people and toys • Can raise him/herself up on forearms (while on tummy) and hold head up • Rolls from back to tummy (by 4-6 months) • Can smile at self in mirror (by 5 months) • Can grab at objects (by 6 months) 	<ul style="list-style-type: none"> • Talk with and hold baby. Give him/her interesting things to see. • Perform "the itsy bitsy spider" or other fun finger plays. • Provide safe, washable toys for children to look at and suck on. • Place toys near and above baby, encouraging him/her to roll over for a better view. • Play instruments in the classroom. Talk about the instrument. • Respond quickly to a child's cry. Children at this age need to know they can trust you. • Use wall and floor mirrors to point out the beautiful baby.

